

Pacific Coast Baseball League Inc.

as adopted by the (...club name...)

Measures to manage the spread of the COVID-19

Above all the PCBL and its affiliated Clubs, recognise the regulations regarding player safety and social distancing to prevent any infection of the COVID-19. The NSW Sports office has made an announcement that baseball will be resumed on 1 July 2020 and it will be up to Leagues, Clubs, Teams and players to ensure all necessary precautions are taken to avoid situations which would put players, officials and spectators at risk.

The PCBL, in keeping with the advice of the NSW Ministry of Sport and NSW Baseball League has developed the following guidelines for a Safety Plan to ensure the safekeeping of all participants in the PCBL.

Effective immediately the following measures MUST BE OBSERVED:

All of the following guidelines will fully apply during any baseball activity which is under the PCBL, this includes meetings, use of canteen and equipment rooms, grounds in use for training and official games.

Affiliated Clubs are encouraged to adopt the following Guidelines for all PCBL senior activities in order to ensure that there is a common and consistent approach to all participants in PCBL.

Safety Plan for administrative functions:

- 1) The PCBL affiliated club (...club name...), executive committee has reviewed and adopted the guidelines outlined under this document. The appointed COVID-19 PCBL Safety Coordinator for the PCBL is Luis Almenara, mobile 0412 131 347, email luis@pcbbaseballleague.org;
- 2) All clubs must appoint a COVID-19 Safety Coordinator, name and details must be advised to the PCBL. The club COVID-19 Safety Co-ordinator is (...person name...), mobile (...mobile number...), email (...email...). The club must maintained its internal list of COVID-19 Safety Co-ordinators appointed for each team. Each club's team COVID-19 Safety Coordinator must make itself known to all officials at a game.
- 3) Download posters supplied by NSW BL to be placed at all grounds, link is https://www.baseballnsw.com.au/uploads/1/2/1/6/121695030/baseball_nsw_return_to_activity_covid_a4_posters.pdf
- 4) All clubs must appoint a team-designated COVID-19 Safety Coordinator whose roles will apply during a team field activity, being a training session and a game;

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- 5) All players, officials, other participants and spectators that are unwell should not attend any game;
- 6) Any registered player and family member who resides at the same address who is unwell and suspect of having contracted COVID-19 must attend a medical centre for attention. This matter must be immediately communicated to the Club;
- 7) All clubs must ensure that these measures have been read and understood by all registered players. Clubs are expected to include these guidelines under the player registration documentation package;
- 8) All persons attending an enclosed area, including change rooms and toilets must not exceed one person per 4 square metre distancing;
- 9) Ensure that all toilets have a supply of hand sanitiser, hand liquid soap and paper towels, these are subject to specific local council's own regulations;
- 10) There will be no use of shower and massage indoor facilities;
- 11) All registered players, Coaching staff, scorers and umpires are recommended to download the COVID-19 tracking app in their mobile;

Safety Plan at game times:

- 12) Although baseball is a 'contact sport' it is only at the execution of a play, unnecessary participants contact is to be avoid at all times. All players during the game must ensure that they must observe non-contact as much as practical;
- 13) At all games, open area attendees, including spectators including non-starting and subsequent game players must maintain a one person per 4 square meter distancing;
- 14) Scorers must be located in their designated area and must maintain a one person per 4 square meter distancing;
- 15) Only players and coaches participating in the game, that is listed as starting players in the Batting Line Up list, will be allowed in the dugout area. Any player removed/replaced from the game must relocate to the stands and any player entering the game may enter the dugout;

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- 16) No junior or external Bat person will be allowed in the playing area including dugout, playing players will be responsible for handling bats;
- 17) All players must use their own playing equipment, this includes caps, gloves, batting gloves, water bottles;
Where possible, all team players will have their individual/single batting helmet.
The use of shared protective equipment, including helmets (coaching and batting) and catching equipment (gloves, leggings, breast plate, helmet and mask) may be shared, but all equipment must be cleaned and sanitized after each turn use;
- 18) All batters will be allow to share bats, however all bats must be cleaned and sanitized after each turn use;
- 19) All traditional courtesies as hand shaking and 'high fives' will not be allowed. At the conclusion of the game, team players may join to cheer the opposition and themselves but there will be no shaking of hands;
- 20) Spitting at any baseball ground and playing field is forbidden, any player that needs to clear their throat must do this away from the playing field and surrounds;
- 21) Records of all attendees at training sessions must be kept. Attendance lists at training, use the format supplied by the NSW BL at https://www.baseballnsw.com.au/uploads/1/2/1/6/121695030/bnsw_covid_return_to_activity_attendance_sheet.pdf;
A club may need to maintain its own internal document for any baseball activity not directly under the auspices of the PCBL, such as indoor batting, committee meetings, etc.
- 22) Scorers and/or home team coach will add onto the Match Result Sheet (MRS) the list of further people participating in the game, such as: scorers, field umpires, bat boys, etc. As per the PCBL Competition Rules, the MRS will be forwarded to the PCBL CC, who in turn will verify the proper completion of the MRS and then post a scanned copy under the PCBL web site.